



Issue No. 11

June 2019

LIONS ROAR



Lions Clubs International District 105EA - News and views including those of District Governor Mandy Hawksley

It's the final countdown!

As my year ends, I would just like to update you all on the amazing projects that are happening and that are so easy for your Clubs to get involved with, and between them we are tackling the five global causes identified by LCI.

Firstly, the Brain Tumour Research appeal to raise £1 million over four years, to be able to establish a fully equipped laboratory. It is hoped every Club will donate £400 a year for 4 years to reach the target, this can be done by a dedicated fund raiser or a donation from a regular event. Another way of helping is by buying one of the new badges available to purchase for £5, all monies going to the appeal, we as a District have a supply of these if you are interested please let me know. It is also planned to have a Charity Ball each year, more details will be out nearer the time.

Secondly, pilot schemes are being planned for the Spot Cameras, one here in EA. We are in talks with Public Health England to develop a centralised plan and answers to the faq are now

available. Some members have been trained to use the cameras, and they will gradually train more members across the District as the project evolves. But we can't do anything without having the cameras, so thank you to those that have already donated towards their purchase.

Thirdly, we have the chance to have the Lions logo and what Lions are about added to the amazing "Wilde Tribe Heroes" books. These are a set of three books which follow a wheel-loved animal who encounters ocean plastic but with the help of kind people is rescued and released back into the ocean. They cover the issues of ocean plastic/balloon releases and ghost fishing. The idea is to purchase a set (cost £20 for the set and teaching resources, google "wilde tribe heroes" and have a look) and donate to the primary schools in your area. To be able to have the logo/info on the books we will need to buy in bulk, so again if you are interested please get in touch.

Not forgetting we have our own team of Lions trained in "know your risk" so if you are having an event why not ask them along to do a Diabetes screening for you. There are still plans to either do a feed the 5000 in 5 Districts

or maybe in five Countries, as Lions from Germany and France are interested in getting involved.

As my year comes to an end, I would like to thank you all for your support and advice. But there is one person who has been by my side throughout and that's PDG Paul Martin. Although his work has prevented him accompanying me on Club visits, he has been there every step of the way, his advice has been invaluable, he's picked me up when I've been down, and things have got on top of me. I wouldn't have been able to take on this role without his backing and that of our daughter Lion Toni-Marie and granddaughter Lion Cub Felicity.



Mandy Hawksley

District Governor 105EA

District Governor's Diary – June 2019

Thur 2nd June	Southwold Lions Charter
Sat 8th June	Lioness District Meeting
Sun 9th June	Taveham Lions Charter
Sat 22nd June	MD GST Meeting at MDHQ
Sat 25th June	Chelmsford Lions Club - Magic Night

2nd Vice District Governor's Diary – June 2019

Sat 1st June	105E Cabinet Meeting – Nottingham
Sat 4th June	Peterborough Lions Club Fund Raising
Fri 7th June	VDG Training – Birmingham
Sat 8th June	VDG Training – Birmingham
Sun 9th June	VDG Training – Birmingham
Tues 11th June	Peterborough Lions Club Meeting

Vice District Governor's Diary – June 2019

Sat 1st June	Southend on Sea Charter
Sun 2nd June	Incoming Officers Day Peterborough
Tues 4th June	Reepham Club Meeting
Sun 9th June	Taverham & District Charter
Mon 10th June	Taverham Club Meeting
Sat 15th June	Swaffham Lions Charter
Sun 16th June	Reepham, Service Day
Thurs 27th June	Royal Norfolk Show
Fri 28th June	Taverham Social
Sat 28th June	Taverham Fayre

District 105EA – 1st Convention

Convention Weekend 12th to 15th March 2020

Holiday Inn, Peterborough West, Peterborough, PE3 6SG

Run By Zone 1B Lions Club

Booking Officer – Lion David Pope, Email: conventionbook@lions105ea.com

Vision screening – frequently asked questions

Q1. How can we be sure that local authorities in each area do not carry out eye tests in schools? Can this be checked?

A. This varies from area to area, CCG to CCG, Local Authority to Local Authority, the test we are carrying out is different to the tests already completed in schools and will be an added tool to help young people get the support they may need with vision.

Q2. NHS does provide free eye tests and glasses for children under age 16. Is this Lions screening service really needed?

A. This is an additional layer of screening that will enhance the screening already carried out in some areas of the UK, this helps to identify the Children who need further medical assistance. The camera result will show those children who need to professional assessment and intervention – this test would also be free and the point of need.

Q3. Are these machines recognised and certified by the NHS to be used in the UK on young children?

A. We are currently working with Public Health England (The area of the NHS that looks after screening) to get their endorsement for the work we are going to undertake,

Q4. Would local schools and Councils actually allow an unknown, unqualified Lions member into their school to test very young children? Is there likely to be challenge with access during busy school day/curriculum time?

1. Only Lions capable of carrying out the screening
2. Lions to be DBS checked/certificated
3. Need to understand what is expected of the Lions

A. You do not need to be medically qualified to use the camera, we do not give a diagnosis to the child or school, we simply give them a letter stating we advice they see an optician.

All Lions going into an education establishment would have to be DBS Checked and most schools will also ask that the Lions are accompanied by a member of school staff at all times,

There will be a comprehensive training programme for all Lions who undertake this service project

Q5. Potential privacy issues related to the child's identity – will it be the Lions' responsibility or the school to complete the details? GDPR? Issues in respect of the information gleaned from the camera. Who will receive this information and how? Safeguarding considerations?

A. Each Child will be issues with a standard consent form before the sight visit to get

consent from the parents – this form will be help by the school and Lions carrying out the camera test will be asked to mark the form to say they have seen it

After the eye scan a Red or Green Letter will be issues for each child/test and given to the school for them to distribute to parents

The only data Lions will collect is the number of young people they have scanned and the number of Red Letters and number of Green Letters issued.



Q6. Would the obtained prescription result you state the machine gives actually be accepted directly by the NHS?

A. This does not give you a prescription result – this device is a signpost children with potential sight difficulties to a qualified health professional – they will then complete their own comprehensive tests

Q7. What will happen if we miss important physical signs which may be picked up later eg. slight squint, unequal pupils, dilated pupils, lack of peripheral vision. Would we be deemed to have some responsibility?

A. We are not completing a comprehensive assessment on the eye we are screening for potential issues, the camera will make a clinical decision Red or Green and we will pass that information on to the parents of the child. The consent letter will clearly state that this is not in replace of an optometrists eye test.

Q8. Who in District will be responsible for the machines ?

A. Depends who owns the camera – if it is owned by the District then the DG will be appointing a lead for the project and they will have custody of them. If bought by Zones or Clubs then this would have to be negotiated at a local level

Q9. How much training is required and are there any costs.

A There will be a comprehensive training programme rolled out across the districts once the project has the go ahead to roll out across the UK from Council. The cost will be kept to a minimum and we will work with DG's to establish the best way to deliver training in their districts

Q10. Would schools insurance cover the risk for equipment left in school?

A. Camera should NEVER be left in the school it is Lions property

Q11. Who will receive the test results?

A. The Parent and Child receives a letter with either a green or red option, green – no concerns but still promotes having eyes professionally tested as per current NHS Guidelines, Red – suggested strongly to get Child into see optician

Q12. Who corroborates the results and how are they registered?

A. Lions only record the number of students screened, the number of Red Letters and the number of Green Letters issued at each session. Please see Q11 answer

Q13. Logistics and responsibility for taking the camera from one Lions Club to another – right place right time syndrome

A. That is something that the District Co-ordinator or Zone Co-ordinator will manage

Q14 Local management of the scheme – guidance needed

A. Will follow once trials have been completed

Q15. Ongoing commitment to remain involved with the schools. Is that possible in practical terms year in year out?

A. That is something that each club / zone must decide – We would suggest that this should be the start of a long term partnership between lions clubs and local schools

Q16 Should the examination be carried out by someone with the same knowledge and expertise as pertained to the previous school visit?

A. Every one will have the same training and no one should be giving advice other than what we state on the results letters

Q17. Unequal commitment by schools – putting some children to disadvantage?

A. This is the nature of screening, we can only screen those schools who wish to engage with Lions and those whose parents consent

Q18. Would we be protected by our medical malpractice insurance, especially if carried by Lions without medical training/knowledge – has this screen been discussed and agreed with our insurers?

A. There is no diagnosis – this is an initial screening process and our letters will ensure that we explain about the need for regular optician review is essential – we will be using NHS England's current advice

News from Clacton-on-Sea

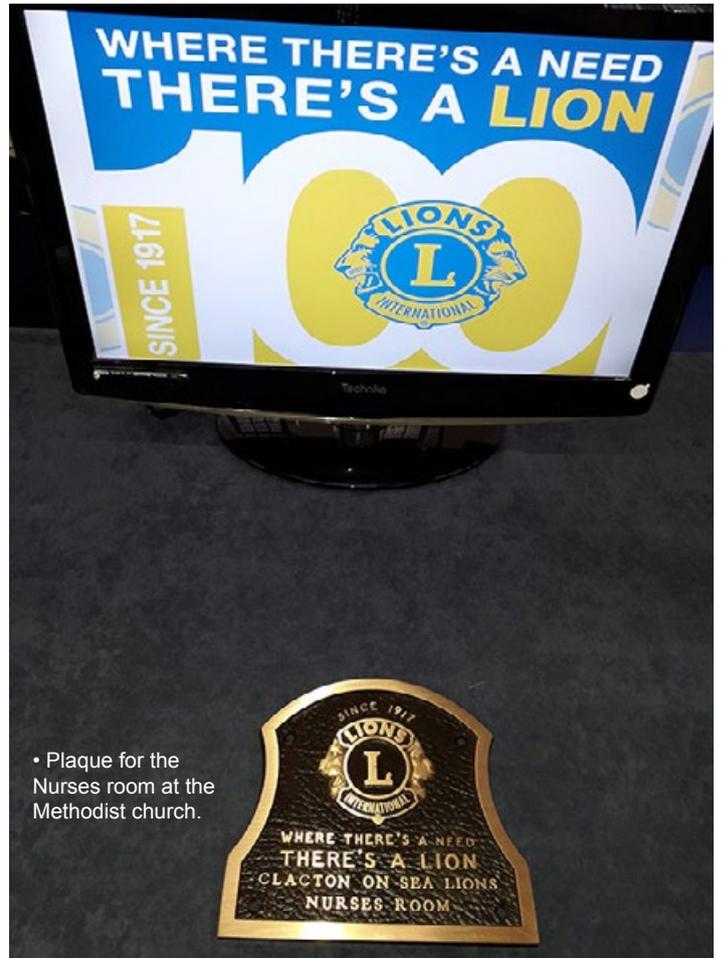
Pig racing

Clacton on Sea Lions infamous Pig Racing team were out for 2 meetings in the past month. The first for Friends of the Westcliff Theatre, raising money for alterations and refurbishment to the cloakroom facilities. There was great support for them, with a packed room at The Firs in Lt Clacton. The pigs did their best by keeping the punters happy and along with extra money, through race sponsorship, over £1500 was raised.

The 2nd meeting was for the St Helena Hospice (fundraising) Colchester A little more space for this event, although almost £800 was collected. The pigs some now several years old were starting to show their age where, despite health checks carried out before the racing started, 2 refused to run!. Over the years that they have run down the 8ft track, they have covered about 1.75 miles.



• New member Elizabeth Pomroy



• Plaque for the Nurses room at the Methodist church.

Theatre sign

Several members of Clacton Lions club support the local Westcliff Theatre by the way of sponsoring seats, helping out with ticket sales and door staff etc.

The theatre is small and compact although holds about 800 capacity, and shaped like a Nissan hut. It has played host to many comedians and cover groups along with Seasonal Shows during the Summer and Winter.

The theatre has recently celebrated its 125th year, and hosted a Gala Show, with many of its regular performers appearing. In 1992 when Lion Adrian Robinson took Presidency, he with Lions aid created a ramp for the disabled attendees. A Plaque was fitted close by, but seasonal weather damaged it. Thanks to Lion Peter Luckhurst, a little TLC was carried out and the plaque replaced for the special occasion.



• Plaque at the Westcliff Theatre

Cheque presentation



• Cheque presentation to Parkinsons UK with PP Peter Luckhurst (L) and VP John Elsey (C)

News from Dereham



Dereham Lions Club would like to thank all the Norfolk Lions Clubs who donated to the project to keep PC TED going for a few more years, not only are they giving to children to pacify them if involved in accidents but also to children caught up in domestic situations.

Eggcellent Easter Artwork



Newmarket Library was filled with local children 120 Easter Eggs and Newmarket Lions on Saturday 13th April with the annual Children's Easter Egg Art Competition with Leo the mascot in attendance as seen in the photo welcoming everyone to the event.

Other guests, district governor Mandy Hawksley and Steve were also in attendance to help us talk to the mums and dads about Newmarket Lions and try and recruit some new members !! They also were coerced into helping judge the competition after the event and select three winning pictures out of the very impressive 120 entries this year.

This Newmarket Lions event is one all lions want to take part in as it is totally free for the children to enter with every child being given a decent size egg just for entering

and then have an opportunity to win a gift token if their picture is selected as a winner.

The library who a few years ago were given £1,000 by Newmarket Lions for improvements to the children's area is the perfect venue to hold the competition as the club are able to promote the event in the window in the build up in the week prior and the children who draw the pictures in the library benefit as many of them join the library as members every year. Everyone wins !!

Lions Clubs Help Armed Forces' Veterans in New Scheme

Like the Lions, PTSD Resolution is a community-based registered charity. It provides mental health therapy to armed forces' veterans to resolve the devastating impact of the trauma that can result from military service in conflicts that range from Aden to Afghanistan.



As is sadly too often reported in the press, PTSD (Post Traumatic Stress Disorder) amongst ex-forces people is responsible for terrible personal distress, family breakdown and suicide in a number of instances. In 2018 Richard Wyatt of the Southend Lions contacted PTSD Resolution, hearing that the charity needed funding support for a course of therapy for a forces' veteran in the Southend area. After looking into the work of the charity, the donation was agreed as a worthy local cause, and treatment was delivered successfully.

Since then PTSD Resolution has contacted other clubs selectively for help with funding a local veteran who has asked for urgent support. In each instance, the charity interviews and assesses the needs of the veteran and identifies a therapist located close by. Then the charity oversees the programme, reporting back to the club on the local delivery of the programme and the results.

The club donation covers the £550 cost of treatment - or a proportion of it according to the availability of club funds - for the local therapist to deliver the agreed programme. This covers the average of six sessions of therapy that is required - no additional donation is requested if further treatment is needed.

Treatment is always delivered locally and free of charge to each veteran - also to veterans' families and to forces' reservists if they are seeking similar help.

Detailed reporting of each case shows a near 80 percent rate of resolution for the symptoms of trauma, where both the therapist and the veteran agree no further treatment is needed.

For reasons of confidentiality the name of the veteran who is treated is not disclosed; instead the charity shares a unique case number with the Lions Club, which is used to track the progress of the programme.

The charity can supply local therapists to meet with Lions Club members to talk about the treatment programme and the mental health issues that it resolves.

PTSD Resolution is a member of Cobseo, the confederation of service charities, All local therapists are registered with the charity and accredited with the Human Givens Institute.

For further details visit <http://www.ptsdresolution.org/community.php>

PTSD Resolution
Counselling Forces' Veterans & Reservists
registered charity no. 1133188

DISTRICT FUN DAY

- from Lion Jim
Cawte



Fellow Lions

You will have seen in previous editions of Weekly News and Lions Roar, the District Fun Day has been arranged for Sunday 1st September.

A small team of Lions from Gt Yarmouth and Wymondham, headed by PDG Jim Cawte, have got together to take forward this event founded by PDG David Woodruff many years ago. and with your continuing support, it will take place for many more years.

The Itinerary is;

Meet at Gt Yarmouth Race Course at 11am. Entertainment will be supplied by Rollo.

A packed lunch and drink will be served at midday.

Leave the Racecourse at 1-30pm, to arrive at Hippodrome Circus, The performance will start at 2-30pm. There will be a free ice cream at the interval, with the performance finishing at approximately 4-30pm.

The cost for the Day is £16-50 per person.

If you wish to attend or would like further information, please contact Lions Margaret Woodruff or Richard Barr, numbers shown below.

Lion Margaret Woodruff 01502 582410 mob 07961 564358
e.mail dewoodruff1@btinternet.com

Lion Richard Barr 01493 667031 mob 07798 878082
e.mail richard-barr@live.com

YIL
Lion Jim
Wymondham Lions Club
PDG 105EA

News from King's Lynn



Kings Lynn enrolled 2 new members at our April Meeting. Ian & Stella Gutteridge where welcomed to Kings Lynn Lions Club by President Paul Southerton. Welcome to them both to the Lions family.

An Apology

Thank you for publishing the article about the fundraising for the Jenny Lind Children's Hospital in the latest edition of Lions Roar. On reading it I discovered a schoolboy howler. I confused one of our partner Lions Clubs with a well known Science Fiction writer and the error was all the more galling because we had just returned from the Club's Charter Lunch that very day!

Please will you print this in the next edition, by which time I should have finished writing one hundred times 'I must spell Wymondham correctly'! Although my wife Lion Liz wrote the article by hand I typed it into my PC, so the error is entirely mine and I am very sorry for it. I cannot even blame my spell checker!

Derick Bowler
Sheringham & Cromer Lions Club.

Downham Market Lions MegaQuiz 2019

Downham Market Lions Club held their annual MegaQuiz at the Conservation Club in the town. President Chris Moreton welcomed a number of teams of representatives of organisations in the town to groups of friends.



Question Masters Steve and Christine Nunn kept the participants on their toes with a wide range of subjects from Cryptic Numbers to Music.

The leading teams at the end of the evening were invited to nominate charitable causes to receive donations from the Lions Club. The winning team called "Dunno" nominated Tapping House for a £200 donation. There was a draw for second place so "Flounders" donated £100 to Alzheimers and "Pearls of Wisdom" chose RNLI for their £100 gift. "2+2 The Buffs" nominated the East Anglian Air Ambulance for their 3rd place prize £50 donation.

All in all an excellent evening was had by those present and the Lions Club were able to support a group of worthy causes.

Anyone interested in finding out more about the work of Lions Clubs International is welcome to contact Lion John Fox on 01366 382963

• Photograph shows Lion President Chris Moreton presenting the trophy to the winning MegaQuiz team "Dunno"

Lion Heidi's climbing Kilimanjaro!

2nd August 2019

10 Ladies - All Lions

10 Countries :- UK, Italy, Russia, Denmark, Nepal, United Arab Emirates, Romania, Switzerland, Poland & Kenya.

\$10,000 each to reach \$100,000 for the Amrita Centre Kenya - Project - schooling for the orphans. We are planning to build 4 classrooms to give these children an opportunity for an education to enable them to get a job and to break the cycle of poverty. Each of us has an individual target to reach. My costs for flights, accommodation, mountain guides & equipment have been met by me personally so all funds raised so far have been towards my target as I am determine to get there!!

The project will be managed via LCIF and PID Manoj Shah who is in Kenya and the Phoenix Club of Nairobi will be overseeing this project so the monies will not just be given to the centre. Lions will be managing this project from start to finish.

email:- Heidisami@yahoo.co.uk

By cheque to H Nathan

Address:- Grasmere, Coggeshall Road, Earls Colne, Essex. CO6 2JU
just giving :- <http://www.justgiving.com/crowdfunding/heidiskiliclimb>

